

**COURSE OBJECTIVES**

This 3-day course has been developed with the goal to provide women managers with effective public speaking skills. The **DAR²E** course promotes short and efficient communication techniques to empower women speakers by focusing on presentation skills with and without slides. It is primarily focused on developing leadership potential for women when faced with public speaking situations. **DAR²E** develops empathic leadership presentation and communication skills with a goal towards persuading audiences. It will allow participants to create a strong atmosphere of engagement, trust, and confidence by concentrating on proactive presenting skills, self-awareness, creating empathy and transmitting added value with persuasive messages.

DAR²E



**DEVELOPING
AUDIENCE
REPUTATION &
RELATIONSHIP
EMPOWERMENT**

To Speak Up!

COURSE FOOTPRINT**2**

consecutive days

**8**

participants per group

**4**

individual coaching sessions

**2**coaches:
**1 empowerment
attitude coach,
1 presentation coach****3**

filmed and analysed pitches

COURSE DESCRIPTION AND CONTENT**1****AWARENESS** – Leadership and Presentations Group Training session**2****LEARNING** – Empowerment & Engagement Group Training session**3****COACHING** session 1&2 – to develop Self-Confidence and Self-Awareness**4****SPEAKING** – Voice and Body Language exercises**5****ENHANCING** – Presenting with slide presentation to the group**6****COACHING** sessions 3&4 to take stock and develop future action plans**PREREQUISITES**

Mastery of English as well as an upcoming pitch

TARGET POPULATION

Women managers in Leadership programs



APT Presentations

57 Rue du Taur 
31000 Toulouse
FRANCE

contact@aptpresentations.com 